



IN AN EFFORT TO IMPROVE MY LISTENING SKILLS PLEASE RATE ME ON A SCALE  
OF 1-5 ON THE FOLLOWING QUESTIONS.

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This personal development survey is for the benefit of

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(NAME)

*Please answers the following questions as they directly relate to you, or how you observe my active listening skills in group environments (whether virtual, or in-person).*

1 = Needs Improvement.

5 = You're great at this!

### HOW WELL DO I...

\_\_\_\_\_ Look at you when you are speaking to me?

\_\_\_\_\_ Get distracted when you are speaking to me?

\_\_\_\_\_ Express to you that I am truly interested in what you are saying?

\_\_\_\_\_ Actively listen to what you are saying?

### ADD ADDITIONAL NOTES ABOUT MY ACTIVE LISTENING SKILLS (OPTIONAL)

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